



## RENOVATE: Relational Health Questions

1) The Bible says "Spur one another on towards love and good deeds" (Hebrews 10:25 NIV). We all need spiritual encouragement in our lives. Who is a spiritual encourager to you? What are some ways they encourage you?

2) Review the three qualities of close friend. They challenge you mentally, support you emotionally, and strengthen you spiritually. Remember, to find that kind of friend and you need to be that kind of friend. Which of these characteristics do you need to develop in your own life?