



RENOVATE: Spiritual Health Questions

- 1) Why is being in a small group and serving others so important to your **spiritual growth**? What can you learn through relationship that you can't learn on your own?
- 2) What seems to get in the way of your **spiritual growth**?
- 3) In the video Rick Warren said, "**Spiritual growth is not automatic. It is a choice.**" In what ways have you chosen to grow spiritually? What has been the most effective in helping you grow?